USDA SOUTH CAFÉ

Menu for week Two January 24, 2004





au bon pain.

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SOUPS
12 oz \$2.35
16oz \$3.05
Pasta E Fagiole
New England Clam
Chowder

THIS WEEK'S CHILI Small \$1.70 Medium \$2.15 Large \$2.55

Vegetarian Lental

STIR-FRY
\$6.99
(Includes any size fountain soda)
Choose from a variety of Fresh Vegetables and 3 Proteins: Beef, Shrimp or chicken and 3 Sauces: Asian BBQ, Teriyaki or Sweet& Sour

BBQ/ SmokeHouse
Daily Sides
\$1.00- \$1.25
Mac & Cheese
Cole Slaw
Collard Greens
Sweet Potatoes
Potato Salad

ALL PRICES LISTED ARE FOR COMBO MEALS

(See Sign on Station for Vegetables or Beverages Included)



Chocolate Macadamia Nut

Monday

Morning Editions:	Blueberry Pancakes	\$2.49
Today's Soup:	Turkey Noodle	1.25/1.39/1
Main Course 1:	Rosemary Crusted Pork Loin	\$2.65/4.65
Main Course 2:	Oven Roasted Breast of Chicken w/ Wild Mushrooms	\$3.25/5.25
Side Dishes:	Steamed Broccoli or Ratatouille	\$1.10
Wrapper:	Honey BBQ Chicken, Shredded Lettuce, Ranch Dressing	\$4.29
Tramezzini:	Basil Chicken Mozzarella & Roasted Red Peppers	\$5.99
International	Healthy Choice	\$5.69/6.99

Tuesday

Buttermilk Pancakes Beef Barley Baked Flounder with a Lemon Sauce Turkey Tetrazzini Okra and Tomatoes or Buttered Parsley New Potatoes Portobello Mushroom, Arugula & Bursin Cheese Proscuitto, Roasted Asparagus and Provolone Cheese	\$3.49 \$1.35-\$1.5 \$4.05/6.05 \$3.25/5.25 \$1.10 \$4.29 \$5.99
Proscuitto, Roasted Asparagus and Provolone Cheese Healthy Choice	\$5.99 \$5.69/6.99
	Beef Barley Baked Flounder with a Lemon Sauce Turkey Tetrazzini Okra and Tomatoes or Buttered Parsley New Potatoes Portobello Mushroom, Arugula & Bursin Cheese Proscuitto, Roasted Asparagus and Provolone Cheese

Wednesday

Morning Editions:	Malted Waffles	\$3.25
Today's Soup:	Navy Bean Soup	\$1.35-\$1.5
Main Course 1:	Vegetarian Lasagna	\$2.75/4.75
Main Course 2:	Chicken Fried Steak with Cream Gravy	\$2.90/4.90
Side Dishes:	Honey Glazed Carrots or Steamed Green Beans	\$1.10
Wrapper:	Roasted Vegetables with Hummus and Marinated Olives	\$4.29
Tramezzini:	Roma Tomatoes and Fresh Mozzarella and Basil	\$5.99
International	Healthy Choice	\$5.69/6.99
Chef"s Table	Sauteed Shrimp with Saffron Angle Hair Pasta	\$9.95

Thursday

Morning Editions:	French Toast	\$2.49
Today's Soup:	Chicken and Barley	\$1.35-\$1.5
Main Course 1:	Panko Chicken with Marinara Sauce	\$3.25/5.25
Main Course 2:	Oven Roasted Salmon Filet with a Dill Sauce	\$4.05/6.05
Side Dishes:	Parmesan Cheese Baked Tomatoes or Cooked Cabbage	\$1.10
Wrapper:	Spiced Corned Beef with Cole Slaw and Jack Cheese	\$4.29
Tramezzini:	Italian Sausage, Roasted Peppers & Provalone Cheese	\$5.99
International	Healthy Choice	\$5.69/6.99

Friday

Morning Editions:	Salmon Cake, Scrambled Eggs and Fried Potatoes	\$4.29
Today's Soup:	Minestrone	\$1.35-\$1.5
Main Course 1:	Old Fashion Pot Roast	\$3.35/5.35
Main Course 2:	Batter Fried Cod	\$3.35/5.35
Side Dishes:	Herb Roasted Zucchini and Yellow Sqush, Roasted Corn and Peppers	\$1.10
Wrapper:	Grilled Breast of Chicken, Avocado, Tomato and Chipotle Mayonnaise	\$4.29
Tramezzini:	Smoked Salmon, Pickled Cucumbers & Horseradish Cream	\$5.99
International	Healthy Choice	\$5.69/6.99
Chef"s Table	Sauteed Shrimp with Saffron Angle Hair Pasta	\$9.95

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